

Beyond the Scale: Growth Strategies for Optimizing Neurodevelopment and Minimizing Metabolic Risk Webinar

Internet Live Activity

Date: 12/03/2025

Time: 04:00 – 05:00 p.m. Eastern

Location: Live Webinar (hosted via GoToWebinar)

Accreditation

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Live Activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Mitigation of Relevant Financial Relationship

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Disclosure of Relevant Financial Relationships

Sara Ramel, MD, faculty for this educational activity, has no relevant financial relationship with ineligible companies to disclose. *FDA Disclosure(s)*: none to report.

Timothy Biela, MD, Nicole Brenson and Jaya Sariga, NNP-BC, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support: There is no commercial support for this educational activity.

Objectives

At the conclusion of this activity, the participant will be able to:

- Describe associations between various growth parameters and long-term outcomes.
- Identify critical periods of growth in relation to optimized neurodevelopment and metabolic health.

Evaluation, Attendance and Credit

Within <https://pediatrix.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. **Completion of the evaluation within 30 days is required to receive CME credit or nursing contact hours for this educational activity.** You will have the option to email the certificate of attendance to your mailbox.